

Children's Mental Health Access (CMHA) Collaborative

Mental Health Services Available to Schools for CalOptima Members

Access Coordination— The CMHA Access Coordination team at Western Youth Services provides a universal gateway to mental health services through the One Door Any Door™ system. Access Coordinators supported by the project build rapport, screen, and triage, and provide a consistent connection until children attend their first treatment appointment. The CMHA Access Coordination team is available to provide an additional layer of support to school staff who are conducting universal Heads Up Checkup (HCU) screenings, available to CalOptima members at no cost.
(888) 312-0406 gethelp@westernyouthservices.org

Parent-Child Care (PC-CARE)—is a 6 session dyadic treatment program for families that are interested in improving caregiver-child relationships and are willing to learn new child behavior management strategies. Provided by Child Guidance Center, it serves families with children ages 1 to 10 years. A wide range of caregivers can participate, including biological parents, foster and kin caregivers, and adoptive caregivers. PC-CARE can be provided by mental health clinicians as a mental health intervention, and paraprofessionals as a prevention service.
Norma Guerrero 714-953-4455 x629 NGuerrero@cgcinc.org

Mental Health Case Management for Young Children (ages 0-8)—is provided by Children's Bureau to refer and link children with identified mental health needs to clinicians who specialize in the evidence-based interventions for younger children.
Nick Mazzeo (714) 785-2837 nickmazzeo@all4kids.org

Universal Mental Health Screening Response Technical Assistance—is provided by Children's Cause OC to assist schools and districts in developing response plans and teams in advance of universal screening events in coordination with HCU. This includes securing community-based providers to receive referrals from the school's screening and response team and in developing MOUs with community providers to supplement mental health services provided by the school.

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